

Good too see the S.A.M in the 40 M.P.H.
NEW PULHAM ST MANY'S SIGN IN PLACE ^{new}

Congratulations to all of the youngsters that took part in the annual Big Summer Read organised by all of our libraries across the county. I was pleased to present the medals to the youngsters that took part at the Harleston library and say a big thankyou to the staff and local volunteer Molly who always help with this project. Good luck to Molly and all of the students at Archbishop Sancroft school in their studies for the coming year.

Norfolk has officially recycled one million tonnes of waste since the set up for recycling in 2004. The recycling waste that is collected in our green bins is taken to the Materials Recycling Facility at Costessey where the material is checked for quality, sorted by material, and then baled up to be sent on to be recycled. The waste recycled by Norfolk includes paper, cardboard, plastics, glass, tin and aluminium, 75% of this is used within the UK. The three key rules when recycling in Norfolk are to rinse your recyclables out, let them dry and put them loose into your recycling bin. Nothing in bags please and definitely No Nappies.

During the summer NCCs road safety team and the fire service checked a record number of Child car seats. Over 1,645 were checked and 629 faults were uncovered which is a 38% fault rate. Child car seats are a legal requirement in the UK and make children far less likely to be seriously hurt in a collision, but they must be correctly fitted and adjusted to offer maximum protection. To get your seat checked you can arrange an appointment directly with the road safety team by emailing roadsafety@norfolk.gov.uk.

This October people across the county are being encouraged to dust off their walking boots and jump on their bikes for the walking and cycling festival which aims to encourage people to get outdoors and celebrate what the county has to offer. The festival will run from October 1-30th and a number pre-bookable events are available so people are being encouraged to browse this year's festival program for a full list of events taking place which can be found at, norfolkwalkingfestival.co.uk

The search across the county for environment heroes is officially on, as the Norwich and Norfolk Eco awards opens for applications. The aim of the awards is to celebrate projects and schemes that demonstrate a commitment to an environmentally-friendly ethos, while giving often unsung individuals and groups a platform to showcase their achievements. The six categories are: Eco Hero – the people's vote: Eco food producer: Eco primary school: Eco secondary school: Eco community group: Eco small/medium business. The Eco awards are free to enter and are open for entries until Tuesday 4th December. All information is available at www.norfolk.gov.uk/ecoawards

My next surgery is at HIP on Saturday November 10th at 10am

Martin Wilby